

# Surgery on Obese Patient under Infusion with Dexdor

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**Received Date:** 26<sup>th</sup> September 2018

**Accepted Date:** 14<sup>th</sup> November 2018

**Published Date:** 18<sup>th</sup> November 2018

Numerous studies have demonstrated that the drugs currently used for sedation are associated with adverse events, particularly when combined with opiates. Regardless of the agent or agents used, it is important to monitor the depth of sedation, allowing a rational “targeted sedation practice. Titration and interruption of sedative infusions may be an important tool to maintain patients within a predefined target sedation range. Dexmedetomidine, when compared to conventional sedatives and opiates, has been demonstrated to be associated with both sedative and analgesic sparing effects, reduced delirium and agitation, minimal respiratory depression and predictable and desirable cardiovascular effects [1-10].

52 years old patient, ASA III, weight 160 Kg, Mallampati III, with chronic obstructive pulmonary disease and sleep apnea syndrome, adhered to left brachytherapy fracture surgery. Premature with 10 mg of ketamine, 10 µg of Fentanyl and Apotel 1g i.v. was given. An axillary block was made under ultrasound guidance with 0.5% Naropaine 30 ml, Lidocaine 10 ml 2%. A Dexdor infusion at a dose of 1.2µg / Kg / h with a calculated ideal weight of 85Kg (continuous infusion of 2 µg / ml at a rate of 40 ml / h) was initiated 20 minutes before the start of the surgery. The dose was then changed to 1 µg / kg for 10 minutes and continued to 0.8 µg / kg. Local anesthesia was also performed with 20 ml Lidocaine 2%. Additionally, i.v. dose of 0.05mg Fentanyl was given. The patient had hemodynamic stability with blood pressure 110/70 mmHg, heart rate 80 and SpO<sub>2</sub> 93%. The surgery was lasting 2 hours, and the patient was totally satisfied as the surgery was completed with complete success.

Due to the patient’s particular problems, we did not choose general anesthesia as we would be facing a difficult airway and a need of ICU cover. In addition, although the axillary block at first appeared to be successful, the patient was disturbed by the control, so we chose Dexdor in order to avoid undesirable complications from respiratory depression

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**Citation:** Dalamagka M (2018) Surgery on Obese Patient under Infusion with Dexdor. *Enliven: J Anesthesiol Crit Care Med* 5 (1): 002.

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