

Research Article

www.enlivenarchive.org

Enliven: Journal of Anesthesiology and Critical Care Medicine

ISSN:2374-4448

# SMOFlipid versus Intralipid in Postoperative ICU Patients

# Ayman Anis Metry<sup>1\*</sup>, Wail Abdelaal<sup>1</sup>, Milad Ragaei<sup>2</sup>, Mona Refaat<sup>1</sup>, and George Nakhla<sup>2</sup>

<sup>1</sup>Assistant professor of anesthesiology, Ain Shams University, Cairo, Egypt

<sup>2</sup>Lecturer of anesthesiology, Ain Shams University, Cairo, Egypt

*Corresponding author: Ayman Anis Metry, Assistant Professor of anesthesiology, Ain Shams University, Cairo Egypt, E-mail: drayman_metri@med.asu.edu.eg	Citation: Metry AA, Abdelaal W, Ragaei M, Refaat M, Nakhla G (2014) SMOFlipid versus Intralipid in Postoperative ICU Patients. Enliven: J Anesthesiol Crit Care Med 1(6): 015.				
Received Date: 19th November 2014	Copyright:@ 2014 Dr. Ayman Anis Metry. This is an Open Access article				
Accepted Date: 05th December 2014	published and distributed under the terms of the Creative Commons Attribution				
Published Date: 08th December 2014	License, which permits unrestricted use, distribution and reproduction in any				
	medium, provided the original author and source are credited.				

# Abstract

# Aim of the work

Lipids are important components of total parentral nutrition, especially for patients after major abdominal surgery. Traditionally used intralipid has many complications and can lead to increased infection rate and sepsis, that is why, it is not indicated in cases with low immunity and sepsis. So, in this study, we compared the effect of intralipid and SMOFlipid on the level of IL-6, in addition to lipid profile, liver enzymes, coagulation profile and renal functions.

# **Patients and Methods**

This prospective, randomized, double-blinded study was designed to compare between two groups of postsurgical ICU patients. Group I and group II had 42 and 41 patients respectively. Both the groups were given total parentral nutrition for not less than 7 days postoperatively.

Group I was given Intralipid as a source of fat, and Group II was given SMOFlipid in substitution of intralipid. Vital signs (including blood pressure, heart rate, and body temperature), blood liver function test, renal function test, coagulation profile, white blood cells (WBCs), and lipid profile (triglycerides [TGs], cholesterol [CH], low-density lipoprotein [LDL], and high-density lipoprotein [HDL]) were monitored. The assessments for IL-6 was performed which indicate inflammatory response. The clinical outcomes, including morbidity, mortality, and infectious complications during the hospital stay, were also evaluated.

## Results

The study showed no significant differences between the two groups with regard of vital signs and chemical profiles for cholesterol, triglycerides and liver enzymes.

IL 6 levels were significantly different between the two groups on day 4 and 7. IL-6 was significantly lower in SMOFlipid group on day 4 and 7 than in intralipid group.

# Conclusion

On comparing intralipid versus SMOFlipid, we have discovered that SMOFlipid group showed low level of IL6 which is as a single agent gives an indication of reduced inflammatory response with SMOFlipid but with a weak proof and need more studies for bigger scale of inflammatory indicators.

1

Keywords: Total Parentral Nutrition (TPN); SMOFlipid, intralipid; IL-6

Enliven Archive | www.enlivenarchive.org

#### Introduction

Postoperative care of patients underwent major surgeries necessitates infusion of total parentral nutrition in which lipid infusion is one of its constituents. Intravenous lipid emulsion is not only supplying energy through the essential fatty acids contained but also these essential fatty acids affect the immune system and may lead to immunosuppression and excessive inflammation [1]. This effect is quit important in critically ill patients [1,2] and it may be the main leading cause of organ failure which is the main cause of death among ICU patients.

Linoleic acid which is  $\omega$ -6 polyunsaturated fatty acid (PUFA) is known to be immunosuppressive and may lead to an increased risk of infection. Intralipid (soybean oil-based lipid emulsions) is rich in linoleic acid, which is in addition to depressing cell-mediated immunity may lead to promotion of inflammation, primarily via the production of proinflammatory eicosanoids (ie, leukotrienes, prostaglandins, and thromboxanes) by arachidonic acid (AA). [1] Fish oil-based emulsions contain mainly long-chain w-3 polyunsaturated fatty acids, consisting of 18-carbon α-linolenic acid, 20-carbon eicosapentaenoic acid (EPE) and 22-carbon docosahexaenoic acid (DHA) plus a small amount of  $\alpha$ -linolenic acid. The emulsions in guestion are not neutral for the immune system. EPA and DHA easily penetrate the cell interior and are components of tissues. They modify lipid membranes; affect the profile of synthesized eicosanoids by their increased production with EPA instead of arachidonic acid (AA). EPA-based eicosanoids and inflammation mediators are less active [3,4]. Emulsions based on fish oil have also inhibitory effects on signal transduction and expression of genes involved in the inflammation. In patients with sepsis, the use of fish oil-based emulsions resulted in reduced concentrations of proinflammatory cytokines IL-6 and IL-10. Fish oil was found to modify significantly the cytokine profile and to increase the EPA levels in serum [5]. Moreover, its use was demonstrated to enhance the production of DHA and EPA metabolites without affecting the production of AA, whose products show pro-inflammatory effects [4]. The use of fish oil shortened the hospitalization of patients after major abdominal surgeries compared to patients receiving soybean oil-based emulsions [4].

It has been argued that the ratio of  $\omega$  -6 to  $\omega$ -3 PUFAs in parentral lipids, to support the immune system, should mirror the nutritional environment in which human evolution took place [6,7]. This view is bolstered by observations in an animal transplant model in which the infusion of an emulsion with a ratio of  $\omega$  -6 to  $\omega$  -3 PUFAs of  $\approx$ 2:1 showed immune-neutral characteristics, in the form of a maximally reduced graft organ survival, whereas graft survival gradually increased with both lower or higher ratios of  $\omega$  -6 to  $\omega$  -3 PUFAs [7,8]. In line with these findings, a novel emulsion has been developed. This so-called SMOFlipid (Fresenius-Kabi) is a 20% lipid emulsion with the lipid being a mix of 30% MCT, 30% SO, 25% OO, and 15% FO, resulting in a ratio of  $\omega$  -6 to  $\omega$  -3 PUFAs of 2.5:1.

In this study, we studied the effect of traditional Intralipid versus SMOFlipid on interleukin-6, which is considered the main cytokines increasing with inflammatory process, in postoperative patients needing total parentral nutrition.

## Patients and Methods

This prospective, randomized, double-blinded study was approved by the Ethics Committee of Ain Shams University hospitals. Ninety consecutive patients admitted to the SICU after major operations were enrolled into this study. Patients were recruited between September 2012 and April 2014. Informed written consent was obtained from all patients. They were randomized to receive PN with the same volume and calories of glucose, nitrogen, and fat but different lipid components, either Intralipid (group I) or SMOFlipid (group II).

Exclusion criteria were allergy to egg, soybean protein, or other content of the lipid emulsion; general contraindication to parentral therapy: acute lung edema, overhydration, or cardiopulmonary insufficiency; pregnancy or breastfeeding; severe coagulopathy; [5] shock; diabetes mellitus with ketoacidosis presented within 7 days; Acute Physiology and Chronic Health Evaluation II (APACHE II) score >25; abnormal renal function (serum creatinine>1.4 mg/dL); abnormal liver function (alanine aminotransferase [ALT] >60 IU/L or total bilirubin >1.2 mg/dL); type IV hyperlipidemia, disorder of lipid metabolism, or hypertriglyceridemia (>354 mg/dL); unconsciousness or uncooperativeness; or participation in any other clinical study within 1 month.

Patients were assigned to the intervention or control group by the institutional intensivists by use of a computer-generated block randomization list. Both the patients and the investigators were thus unaware of the infused drug. Group I was defined as the control group and group II the experimental group. Postoperatively, all patients received PN for more than consecutive 7 days through an indwelling central venous catheter or peripheral catheter. Glucose, amino acids (Aminosteril 10% for intravenous infusion; Fresenius Kabi Deutschland GmbH, Bad Homburg vor der Höhe, Germany), fat- and water-soluble vitamins, and trace elements were provided to both groups by infusion pumps for 12-16 hours daily. Total calories were calculated for each patients in both groups and 30-40 % of this calories were given as lipid with one condition, that, fat content does not exceed 1.5 g fat/kg body weight (BW) /day. The lipid emulsions were given separately with the infusion pump to control the infusion duration for 12-16 hours (not exceeding 0.125 g fat/ kg (BW)/h) from 8:00 am to 8:00 pm or 12am. In group I, Intralipid (20% Fresenius Kabi Deutschland GmbH, Bad Homburg vor der Höhe, Germany) was given. In group II, the lipid content of PN was partially replaced by fish oil (SMOFlipid 20% emulsion for intravenous infusion; Fresenius Kabi Deutschland GmbH). The nutrition in both groups was isonitrogenous and isocaloric. (SMOFlipid 20% contains Fish Oil 30 g; Medium Chain Triglycerides 60 g; Olive Oil 50 g; Soya Oil 60g / I. Intralipid 20% contains Egg Phospholipids 1.2 g; Glycerol 2.2 g; Soya Oil 20 g / 100 ml).

Safety and efficacy were evaluated comprehensively. Vital signs (including blood pressure, heart rate, and body temperature), blood liver function test, renal function test, coagulation profile, white blood cells (WBCs), and lipid profile (triglycerides [TGs], cholesterol [CH], low-density lipoprotein [LDL], and high-density lipoprotein [HDL]) were monitored. The assessments for IL-6 was performed which indicate inflammatory response. The clinical outcomes, including morbidity, mortality, and infectious complications during the hospital stay, were also evaluated.

For laboratory measurements, 12 mL of whole blood (8 mL serum, 4 mL EDTA) was withdrawn before PN was started as the baseline data and on the fourth and seventh days, respectively, after PN use (termed postoperative day [POD] 0, POD4, POD7). Routine blood test and biochemistry analysis were immediately performed at the clinical laboratory of Ain Shams University Hospital according to standard procedures. Serum vials for analysis of IL-6 were separated and kept at 2-8°C and measured in 24 hours. For quantitative detection of cytokine, OX40 ligand, and G-CSF, enzyme immunoassays were performed according to the manufacturer's instructions with an enzyme-linked immunosorbent assay (ELISA) kit commercially available from R&D Systems (Minneapolis, MN).

Data are presented as mean  $\pm$  SD, unless indicated otherwise. Statistical analyses were performed using SPSS version 14 (SPSS, Chicago, IL, USA). One factor ANOVA was used to analyse changes over time within a treatment group. Student's t-test was used for comparisons between time points and for comparisons between groups at a particular time point; equal variances were not assumed. Linear correlations were determined as Pearson's correlation coefficients. In all cases, a value of P < 0.05 was taken to indicate statistical significance.

#### Results

In group I, 3 patients did not continue the study because they stopped PN before continued 7 days and in Group II, 4 patients did not continued the study either because of stoppage of PN or complications. So group I had 42 patients and group II 41 patients.

There was no significant difference between the two study groups regarding age, sex, body mass index, simplified acute physiology score, organ failure score or diagnosis upon admission to surgical ICU (table 1).

The contents in both regimens of daily parentral nutrition were exactly similar except slightly higher medium chain triglycerides to long chain triglycerides (1.5 vs. 1.2)and lower fish oil (0 vs. 0.3) in intralipid regimen over SMOF regimen (table 2).

The vital signs named blood pressure both systolic and diastolic, pulse, respiratory rate and temperature showed a non statistically significant difference between the two study groups at admission, day 4 and day 7 after admission to surgical ICU (table 3).

GI (Intralipid) GII (SMOF)   age (years) 58.2±11.3 56.8±10.8   ex (male/female)* 22/20 (52.33/47.67) 23/18 (56.1/43.9)   BMI (kg/m2)@ 28.1±2.1 27.9±1.9   APS II# 46.7±5.2 43.5±4.8
ex (male/female)* 22/20 (52.33/47.67) 23/18 (56.1/43.9)   BMI (kg/m2)@ 28.1±2.1 27.9±1.9
BMI (kg/m2)@ 28.1±2.1 27.9±1.9
A DS 11# 46 7+5 2 42 5+4 8
$40.7\pm 3.2$ $45.3\pm 4.6$
Organ failure score $8.7\pm1.1$ $8.9\pm1.3$
Diagnosis* CVS 6(14.28) 4(9.7)
Respiratory 4(9.5) 8(19.5)
Renal 2(4.7) 4(9.7)
CNS 2(4.7) 2(4.8)
Metabolic 8(19.04) 6(14.63)
GIT 8(19.04) 6(14.63)

P value > 0.05 nonsignificant

	Total Calories, kcal/kg BW	Glucose, g/kg BW	Amino Acid, g/kg BW	MCT/ LCT (SO) Mixture	Fat g/kg BW	FO	Ca, mEq/ kg BW	Mg, mEq/ kg BW	Zn, mEq/kg BW	Cl, mEq/kg BW	Na, mEq/ kg BW	K, mEq/l BW
GI (Intralipid)	35	6	1.2	1.5	1.5	0	0.12	0.12	1.92 × 10-3	2.4	1.2	0.72
GII (SMOF)	35	6	1.2	1.2	1.5	0.3	0.12	0.12	1.92 × 10-3	2.4	1.2	0.72

		GI (Intralipid)	GII (SMOF)	Р	
SBP	Baseline	163± 87	$151 \pm 88$	>0.05 NS	
	D4	158±98	150±87		
	D7	159±88	156±79		
DBP	Baseline	102±37	110±54	>0.05 NS	
	D4	100±41	102±55		
	D7	102±42	106±54		
Pulse	Baseline	114±32	123±42	>0.05 NS	
	D4	$115 \pm 33$	122±44		
	D7	117±38	124±45		
RR	Baseline	21±12	25±13	>0.05 NS	
	D4	21±11 24±13			
	D7	20±12	24±13		
temp	Baseline	39.3±3.1	39.9±4.1	>0.05 NS	
	D4	38.5±3.2	37.9±3.8		
	D7	37.2±3.2	37.5±3.6		
TG	Baseline	$96.7 \pm 7.3$	$89.1 \pm 8.5$	>0.05 NS	
	D4	121.6±12.8	116.7±12.7		
	D7	122.4±13.4	116.5±12.6		
СН	Baseline	199.6±11.9	194.3±12.4	>0.05 NS	
	D4	214.5±16.7	207.4±13.7		
	D7	213.9±16.6	204.6±14.8		
LDL	Baseline	102.4±10.3	110.3±9.6	>0.05 NS	
	D4	112.5±14.5	108.6±9.7		
	D7	112.4±14.3	110.1±10.6		
HDL	Baseline	59.6 ± 2.9	61.1±2.7	>0.05 NS	
	D4	59.5 ± 3.9	59.8±3.2		
	D7	$58.6 \pm 2.8$	60.5±2.8		
IL6	Baseline	6786±4581	7234±5323	>0.05 NS	
	D4	4379±3245	2314±1123	<0.05 S	
	D7	4137±3435	1986±1021	<0.01 HS	

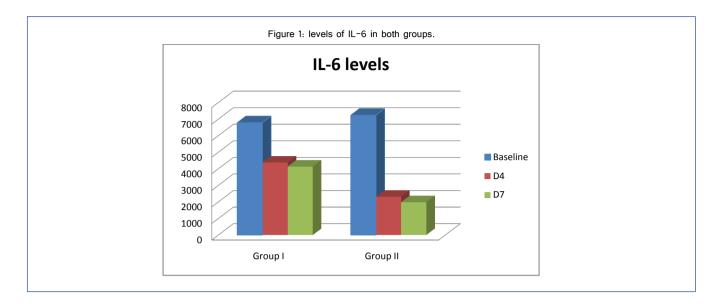
Table 3 Vital signs, lipid profile and IL6 measurment among study groups

The lipid profile named triglycerides, cholesterol, low density lipoprotein and high density lipoprotein showed a non-statistically significant difference between the two study groups at admission, day 4 and day 7 after admission to surgical ICU (table 3).

IL6 showed a non-statistically significant difference between both study groups at admission but showed a significantly lower level at day 4 of admission and highly significant lower level at day 7 of admission in SMOF group than intralipid group (table 3, figure 1).

The laboratory parameters named TLC, AST, ALT, bilirubin, creatinine and PTT showed a non statistically significant difference between the two study groups at admission, day 4 and day 7 after admission to surgical ICU (table 4).

The clinical outcomes including duration of ventilation, days of ICU stay, Days of hospital stay, 1 week mortality and 1 month mortality showed a nonstatistically significant difference between the two study groups (table 5).



		GI (Intralipid)	GII (SMOF)	Р
TLC	Baseline	15.3±7.2	17.2±7.8	>0.05 NS
	D4	13.6±6.7	14.1±7.1	
	D7	11.5±6.6	12.3±7.0	
AST	Baseline	88±52	76±51	>0.05 NS
	D4	65±43	61±34	
	D7	41±23	51±32	
ALT	Baseline	69±42	55±41	>0.05 NS
	D4	45±33	47±31	_
	D7	39±21	41±29	
Bilirubin	Baseline	$1.9 \pm 0.6$	$2.1 \pm 0.8$	>0.05 NS
	D4	$2.1 \pm 0.7$	$2.0 \pm 0.7$	
	D7	$2.1 \pm 0.8$	$2.1 \pm 0.7$	
Creatinine	Baseline	$1.8 \pm 0.9$	2.1 ±0.9	>0.05 NS
	D4	2.1±1.1	2.1 ±1.0	
	D7	2.2 ±1.1	2.1 ±1.1	
PTT	Baseline	47.9±15.9	39.9 ±13.8	>0.05 NS
	D4	$56.2 \pm 16.8$	48.6±17.3	
	D7	$62.2 \pm 17.8$	58.7±17.9	

	Table 5 Clinical outcomes in	the two treatment groups	
	GI (Intralipid)	GII (SMOF)	Р
Ventilated days	7.2±4.3	6.5±5.1	>0.05 NS
ICU days	11.7±7.2	10.4±6.2	>0.05 NS
Hospital stay	19.4±12.6	15.7±11.4	>0.05 NS
1 week mortality	3(7.3)	2(4.7)	>0.05 NS
1month mortality	3(7.3)	3(7.1)	>0.05 NS

#### Discussion

A recent phase I study reported that a short infusion (6 h) of SMOF at a rate of 0.125 g fat/kg body weight per hour in healthy male volunteers, when compared with pure SO (Lipovenoes; Fresenius-Kabi), was well tolerated and increased plasma elimination, as evidenced by a less marked increase in serum triacylglycerol concentration and, at the end of infusion, lower serum triacylglycerol concentrations [9]. This is the same dose of lipid infusion used in our study with the same result of triacylglycerol concentration.

We also found that, the lipid profile in addition to triglycerides as cholesterol, low density lipoprotein and high density lipoprotein showed a non-statistically significant difference between the two study groups at admission, day 4 and day 7 after admission to surgical ICU.

Surgical trauma could induce a general inflammatory response associated with a stimulation of the innate immune system and a depression of cellmediated immunity. Moreover, perioperative lipid supplement for those who have undergone a major operation with temporary gut dysfunction may aggravate this disarrangement [10]. Fatty acids can modulate the immune and inflammatory response in vitro and in vivo studies [11]. Patients with indication for parentral nutrition receive fatty acids (FA) as lipid emulsions (LE) for parentral administration. Depending on the fatty acids composition, LEs can have different impacts on immune functions, and thus affect the patient's clinical course [12]. A meta-analysis using data from both surgical and critically ill patients suggested that the use of conventional lipid emulsions with the major component of  $\omega$ -6 PUFA is associated with higher complication rates [13].

The hyper-inflammatory state may be regulated by substrate availability. The immunomodulation of  $\omega$ -3 fatty acids in contrast to the  $\omega$ -6 fatty acids is recognized for the ability to modify leukocyte activity, alter lipid-mediator generation, and modulate cytokine release [14].

Intravenous infusion of fish oil rapidly leads to an incorporation of  $\omega$ -3 fatty acids in leukocyte cell membrane phospholipids, leading to a reduced production of proinflammatory cytokines because of a higher ratio of  $\omega$ -3 to  $\omega$ -6 fatty acids [15].

Leukotrienes have numerous effects on inflammatory and immune functions, such as leukocyte-endothelial interaction, lymphocyte proliferation, and induction of cytokine gene expression (eg, IL-1, IL-6, or TNF- $\alpha$ ). Recently, novel  $\omega$ -3 fatty acid-derived products of neutrophil-endothelial interaction, which are exclusively formed by dioxygenation from EPA or DHA, have been identified in murine models as well as in human plasma. Named resolvins and neuroprotectins, these mediators are potently anti-inflammatory and inflammation resolving and are shown to play an important role in improving mortality in a murine model of colitis [16].

Mayer et al. [17] displayed a significant improvement in neutrophil function in patients receiving  $\omega$ -3 fatty acids, including Leukotrienes generation and respiratory burst. Liang et al also showed decreased IL-6, elevated CD4+/ CD8+ ratio, and higher CD3+ and CD4+ lymphocyte percentage in colorectal cancer patients receiving postoperative  $\omega$ -3 fatty acid-supplemented PN. These findings suggest that supplementation of  $\omega$ -3 fatty acids may support immunocompetent cells under inflammatory conditions such as surgical trauma [17]. Jacintho et al. [18] in 2009 compared the effect of fish oil-based (FO) lipid emulsions (LE) for parentral administration with standard LE and a new FO containing LE composed of four different oils on the antigen presentation and inflammatory variables. They found that All LE decreased the HLA-DR and increased CD28 and CD152 expression on monocytes/macrophages and lymphocytes surface (p < 0.05). SO/FO and MCT/ SO/FO decreased lymphocyte proliferation (p<0.05). All LE decreased IL-2 production, but this effect was enhanced with MCT/SO/FO and SMOF (p < 0.05). MCT/ SO/FO decreased IL-6 and increased IL-10, whereas SO had the opposite effect (p < 0.05). They concluded that fish oil based lipid emulsion (FO LE) inhibited lymphocyte proliferation and had an anti-inflammatory effect. These effects seem to be enhanced when FO is mixed with MCT/SO. SMOF had a neutral impact on lymphocyte proliferation and IL-6 and IL-10 production [18].

In our study the IL6 showed a significantly lower level at day 4 of admission

and highly significant lower level at day 7 of admission in SMOF group than in intralipid group, and this result goes with the results of the previously shown studies.

Heller et al. [19] demonstrated that no coagulation and platelet abnormalities were evoked by fish oil supplementation as high as 0.2 g/kg/d for 5 postoperative days [19]. Improved gas exchange as well as inflammatory cytokine modification was displayed by Barbosa et al. [5], by including fish oil for septic ICU patients. Improved liver and pancreas function parameters were also observed in postoperative cancer patients [20]. Interestingly, fish oil-derived emulsions have been reported to prevent PN-associated liver disease (PNALD) [21] and treat essential fatty acid deficiency [22].

Effects of SMOF and SO on liver function and oxidative stress have been compared in metabolically stressed patients, with SMOF showing slightly dampened liver enzyme abnormalities and increased plasma concentrations of antioxidants [23]. A double-blind, randomized study compared TPN based on SMOF or on SO in patients for 5 d after major abdominal surgery [24]. In our study the laboratory parameters named TLC, AST, ALT, bilirubin, creatinine and PTT showed a non-statistically significant difference between the two study groups at admission, day 4 and day 7 after admission to surgical ICU.

In this study, we found that the clinical outcomes including duration of ventilation, days of ICU stay, days of hospital stay, 1 week mortality and 1 month mortality showed a non- statistically significant difference between the two study groups, although it was less in SMOFlipidgroup.

The lower magnitude of postoperative inflammatory response to the use of  $\omega$ -3 fatty acids may have a favorable impact on clinical outcomes of patients after major surgery. A large prospective, multicenter trial conducted by Wichmann et al. [25] randomized the surgical patients requiring intensive care to receive 5 days of PN, including soybean oil or a mixed soybean LCT/ MCT/fish oil emulsion formula. The latter group had significant increases in EPA, LTB5 production, and antioxidants, as well as significantly shorter lengths of hospital stay. A lower tendency of a postoperative infection rate was also observed in the SICU patients with the  $\omega$ -3 fatty acid supplement in this study [25].

Our results, as regards days of hospital stay, goes with the previous study and also with Schulzki et al. [26] who discovered that, SMOF, administered at a dose of 1.5 g fat/kg body weight per day, was well tolerated and increased plasma  $\omega$ -3 FA concentrations and decreased  $\omega$ -6 FA concentrations. Neutrophil leukotriene B5 release was enhanced on day 6 with SMOF, and the length of hospital stay decreased by 7 d (13 compared with 20 d). These data corroborate findings in an earlier study, in which the length of hospital stay in post-gastrointestinal surgery patients decreased more with SMOF than with SO (13 compared with 20 d) [26]. A recent trial randomly assigned 200 patients after elective abdominal or thoracic surgery to receive TPN based on either SMOF or SO for 5 d postoperatively [27]. Although both emulsions were well tolerated and relevant laboratory variables were not different between groups, a trend toward a reduced length of hospital stay was observed with SMOF (16 compared with 18 d). These differences in days of hospital stay, between our study and these studies, may be related to the difference in the dose of infusion of SMOFlipid, as we used lower dose and soothe difference in the level of neutrophil leukotriene B5 release.

Also our results does not go with Tsekos et al., who showed a significantly

decreased mortality rate, as well as a significantly shorter hospital stay, in patients receiving pre- and postoperative fish oil supplements compared with standard PN [28].

Alonso and colleagues in 2013 studied twelve representative ICU's

participated in a nutrition survey. The survey was divided in two sections: A) Management of artificial nutritional support in critically ill patients and B) Assessment of a new parentral nutrition formulation adapted to critically ill patients. They found that 50% tried to reduce volume of PN and 100% of them had an insulin infusion protocol. 39% of prescribers recommended high-protein, low-volume and low-glucose TPN; 42% prescribe TPN with SMOF (soybean, MCT, olive and fish oil); and 33% with OOBE (olive oil based emulsion) as lipid emulsion. 92% added glutamine. 60% considered that the new formulation may be indicated for sepsis, trauma, burn patients and MOF (multiple organ failure) and the 30% would use it as a routine therapy at the time of admission. 40% considered that insulin requirements were reduced; 50% claimed better volume management and 60% highlighted the protein/volume ratio. Attending to patient outcome, patients receiving the specific formulation have less affected hepatic function, higher protein intake and lower volume infusion but no significant differences were observed and they required less insulin dosage (p = 0.07) [29].

In our study, the vital signs named blood pressure both systolic and diastolic,

pulse, respiratory rate and temperature showed a non-statistically significant difference between the two study groups at admission, day 4 and day 7 after admission to surgical ICU.

#### Conclusion

On comparing intralipid versus SMOFlipid, we have discovered that SMOFlipid group showed low levels of IL6 than in intralipid group which is statistically significant and this goes with many other previous researches. As IL-6 measurements per se cannot give a sharp suggestion of reduced

inflammation and only a weak clue, so we suggest repeating the study with measurements of other cytokines as IL-1, IL-8, IL-10 in addition to TNF- $\alpha$ , this in addition to comparing different doses of SMOFlipid to detect the optimum dose of SMOFlipid with optimum reduction of inflammatory process.

#### References

- Wanten GJA, Calder PC (2007) Immune modulation by parenteral lipid emulsions. Am J Clin Nutr 85: 1171-1184.
- Mayer K, Seeger W (2008) Fish oil in critical illness. Curr Opin Clin Nutr Metab Care 11: 121-127.
- Köller M, Senkal M, Kemen M, König W, Zumtobel V, et al. (2003) Impact of omega-3 fatty acid enriched TPN on leukotriene synthesis by leukocytes after major surgery. Clin Nutr 22: 59-64.
- Grimm H, Mertes N, Goeters C, Schlotzer E, Mayer K, et al. (2006) Improved fatty acid and leukotriene pattern with a novel lipid emulsion in surgical patients. Eur J Nutr 45: 55-60.
- Barbosa VM, Miles EA, Calhau C, Lafuente E, Calder PC (2010) Effects of a fish oil containing lipid emulsion on plasma phospholipid fatty acids, inflammatory markers, and clinical outcomes in septic patients: a randomized, controlled clinical trial. Crit Care 14: R5.
- Carpentier Y. Substrates used in parenteral and enteral nutrition (2004): lipids. In: Sobotka L, ed. Basics in clinical nutrition. 3rd ed. Prague, Czech Republic: Publishing House Galen 153–156.
- Grimm H, Tibell A, Norrlind B, Clecher C, Wilker S, et al. (1994) Immunoregulation by parentral lipids: impact of the n-3 to n-6 fatty acid ratio. JPEN J Parentr Enteral Nutr 18: 417-421.
- Grimm H, Tibell A, Norrlind B, Schott J, Bohle RM (1995) Nutrition and allorejection impact of lipids. Transplant Immunol 3: 62-67.
- Schlotzer E, Kanning U (2004) Elimination and tolerance of a new parentral lipid emulsion (SMOF) --a double-blind cross-over study in healthy male volunteers. Ann Nutr Metab 48: 263-268.
- Sijben JW, Calder PC (2007) Differential immunomodulation with long chain n-3 PUFA in health and chronic disease. ProcNutr Soc 66: 237-259.
- Lacetera N, Scalia D, Mashek DG, Bernabucci U, Grummer RR (2007) Effects of intravenous triacylglycerol emulsions on lymphocyte responses to mitogens in fasted dairy cows undergoing intense lipomobilization. J Dairy Res 74: 323–328.
- Waitzberg DL, Torrinhas RS, Jacintho TM (2006) New parentral lipid emulsions for clinical use. JPEN J Parentr Enteral Nutr 30: 351-367.
- Calder PC (2006) ω-3 polyunsaturated fatty acids, inflammation, and inflammatory diseases. Am J Clin Nutr 83: 1505S-1519S.
- 14. Calder PC (2003):  $\omega$ -3 polyunsaturated fatty acids and inflammation: from molecular biology to the clinic. Lipids 38: 343-352.
- Koller M, Senkal M, Kemen M, Konig W, Zumtobel V, et al. (2003) Impact of omega-3 fatty acid enriched TPN on Leukotrienes synthesis by leukocytes after major surgery. Clin Nutr 22: 59-64.
- Bannenberg GL, Chiang N, Ariel A, Arita M, Tjonahen E, et al. (2005) Molecular circuits of resolution: formation and actions of resolvins and protectins. J Immunol 174: 4345–4355.
- Wichmann MW, Thul P, Czarnetski HD, Morlion BJ, Kemen M, et al. (2007) Evaluation of clinical safety and beneficial effects of a fish oil containing lipid emulsion (Lipoplus MLF541): data from a prospective randomized multicenter trial. Crit Care Med 35: 700-706.

- Mayer K, Fegbeutel C, Hattar K, Sibelius U, Krämer HJ, et al. (2003) Omega-3 vs. omega-6 lipid emulsions exert differential influence on neutrophils in septic shock patients: impact on plasma fatty acids and lipid mediator generation. Intensive Care Med 29: 1472–1481.
- Heller AR, Fischer S, Rossel T, Geiger S, Siegert G, et al. (2002) Impact of ω-3 fatty acid supplemented parentral nutrition on haemostasis patterns after major abdominal surgery. Br J Nutr 87: S95-S101.
- Heller AR, Rossel T, Gottschlich B, Tiebel O, Menschikowski M, et al. (2004) Omega-3 fatty acids improve liver and pancreas function in postoperative cancer patients. Int J Cancer 111: 611-616.
- De Meijer VE, Gura KM, Meisel JA, Le HD, Puder M (2010) Parentral fish oil monotherapy in the management of patients with parentral nutrition- associated liver disease. Arch Surg 145: 547-551.
- Meisel JA, Le HD, de Meijer VE, Nose V, Gura KM, et al. (2011) Comparison of 5 intravenous lipid emulsions and their effects on hepatic steatosis in a murine model. J Pediatr Surg 46: 666-673.
- Antebi H, Mansoor O, Ferrier C, Tétégan M, Morvan C, et al. (2004) Liver function and plasma antioxidant status in intensive care unit patients requiring total parenteral nutrition: comparison of 2 fat emulsions. JPEN J Parentr Enteral Nutr 28: 142–148.

- Grimm H, Mertes N, Goeters C, Schlotzer E, Mayer K, et al. (2006): Improved fatty acid and Leukotrienes pattern with a novel lipid emulsion in surgical patients. Eur J Nutr 45: 55-60.
- Schulzki C, Mertes N, Wenn A (1999) Effects of a new type of lipid emulsion based on soybean oil, MCT, olive oil and fish oil (SMOF) in surgical patients. ClinNutr18: 7.
- Mertes N, Grimm H, Furst P, Stehle P (2006) Safety and efficacy of a new parentral lipid emulsion (SMOFlipid) in surgical patients: a randomized, double-blind, multicenter study. Ann Nutr Metab 50: 253– 259.
- Tsekos E, Reuter C, Stehle P, Boeden G (2004) Perioperative administration of parentral fish oil supplements in a routine clinical setting improves patient outcome after major abdominal surgery. Clin Nutr 23: 325-330.
- Manzoni Jacintho T, Gotho H, Gidlund M, García Marques C, Torrinhas R, et al. (2009): Anti-inflammatory effect of parentral fish oil lipid emulsion on human activated mononuclear leukocytes. Nutr Hosp 24: 288-296.
- Vaquerizo Alonso C, Mesejo A, Acosta Escribano J, Ruiz Santana S, grupo de trabajo PARENTTE (2013) Management of parentral nutrition in intensive care units in Spain. Nutr Hosp 28: 1498-1507.

#### Submit your manuscript at http://enlivenarchive.org/submit-manuscript.php New initiative of Enliven Archive

Apart from providing HTML, PDF versions; we also provide video version and deposit the videos in about 15 freely accessible social network sites that promote videos which in turn will aid in rapid circulation of articles published with us.

8